

**Upon approval of the application to take and upon passing the certifying examination, the candidate shall be certified by the PSH as a hypertension specialist.**

**Redesignation/Recertification:**  
The designation/certification Hypertension Specialist is recognized for a period of 10 years, at which time the physician must (re)take and pass the Certifying Examination or meet such alternative requirements as are in effect at that time in order to retain the designation/certification.

**REVOCAION OF DESIGNATION/  
CERTIFICATION:**

Designation/certification will be revoked for violations of the policies of the Philippine Hypertension Specialist Program including but not limited to:

1. Falsification of an application
2. Revocation of current license to practice medicine and/or specialist/subspecialist status in the relevant specialty/subspecialty organization
3. Misrepresentation of designation/certification status

**INCOMPLETE APPLICATION WILL NOT BE  
ACTED UPON.**

**FEES:**

Application Fee for Certification Examination as  
Philippine Hypertension Specialist: **P 8,000.00.**

Make check or money order payable in Philippine  
Pesos to:

**PHILIPPINE SOCIETY OF HYPERTENSION**

**REFUNDS:**

No refund of the Application Fee shall be made.

**RELEVANT DATES**

Deadline for application to take the certifying examination:  
**To be announced**

Notice of action on the application to take the certifying  
examination: **To be announced**

The Certifying Examination for Hypertension Specialist:  
**to be announced**

The results of the Certifying Examination shall be  
announced within one (1) month of the certifying  
examination.

Fees and other information about the PSH Hypertension  
course may be obtained from the PSH Secretariat.

Application forms are available at:

Philippine Society of Hypertension  
Unit H 11th Floor, Strata 100 Bldg.  
Ortigas Avenue, 1605 Pasig City  
Tel Nos.: +632 696-2819

Website: <http://www.philippinesocietyofhypertension.org.ph>

E-mail: [phihp@yahoo.com](mailto:phihp@yahoo.com)



**PHILIPPINE SOCIETY  
OF HYPERTENSION**

**The Philippine Hypertension  
Specialist Program**

Hypertension is one of the most important risk factors for cardiovascular disease and a major cause of mortality & morbidity in the Philippines. Its prevention, diagnosis and management are of fundamental importance to public health and require a cooperative and multidisciplinary approach. Primary care physicians play a key role in the identification of patients and the treatment of the majority of hypertensive patients. However, physicians with multidisciplinary knowledge, appropriate training & extensive experience that allow the expert management of the more complex and difficult cases such as secondary hypertension, complicated and refractory hypertension, hypertension with co-morbidities and compliance problems are essential. A formal method of identifying and recognizing these hypertension specialists seems necessary to promote the coordinated effort of front-line health care providers and these physicians with expertise in the management of hypertension.

The Philippine Society of Hypertension (PSH) has thus created the **Hypertension Specialist** designation to recognize physicians with expertise and knowledge in the management of hypertension and related disorders.

## THE GOALS OF THE PHILIPPINE HYPERTENSION SPECIALIST PROGRAM:

1. To develop hypertension specialists :
  - a. Among Primary Care Physicians to equip them with skills and knowledge in the prevention and management of hypertension
  - b. Among specialists in the different disciplines to enhance their skills and knowledge in the prevention and management of hypertension.
2. To contribute to the formation of these specialists by establishing and/or accrediting teaching and training programs on hypertension
3. To improve the treatment of hypertension in the Philippines and help prevent cardiovascular diseases in the Philippines.

## THE ROLE OF THE HYPERTENSION SPECIALIST:

Control of hypertension is among the most cost-effective ways of preventing cardiovascular mortality & morbidity. Unfortunately, many hypertensive patients in the Philippines do not receive optimal care for hypertension and do not achieve current blood pressure goals. The gap between the predictable benefits of good hypertension care and the actual results from usual practice is substantial and even wider in medically underserved areas of the country. Most hypertensive patients can be effectively managed by primary health care providers: family physicians, general practitioners and general internists. However, a significant proportion of the hypertensive population requires specialized expertise for a variety of conditions recognized in guidelines developed for the care of hypertensive patients.

The hypertension specialists act as consultants and referral physicians for these and other more complex and difficult hypertension cases. They also assist in updating and improving the national guidelines for hypertension detection and management and are expected to remain active not just in hypertension practice but also in teaching and research.

## THE ROLE OF THE HYPERTENSION SPECIALIST:

1. To engage and participate in the hypertension program of the community, local medical society and PSH.
2. To assist in formulating the national guidelines for hypertension detection and management.
3. To be active in hypertension practice, teaching and research.
4. To act as consultants and referral physicians for the more complex and difficult hypertension cases.

## DESIGNATION/CERTIFICATION PROCESS:

1. A Hypertension Specialist Certification Committee will be created by the PSH Board of Trustees.
  - a. The Committee is composed of five (5) hypertension specialists designated by the PSH Board of Trustees for a period of four (4) years.
  - b. The Members of the Committee should have the following criteria:
    - 1) Hypertension Specialist of good standing for a minimum of five (5) years.
    - 2) Should be actively engaged in the activities of the community, their respective medical society, academe and PSH.
  - c. Functions of the Committee will be as follows:
    - 1) Assist in the formulation and periodic review of the course.
    - 2) Implement and run the Hypertension Specialist Certification Course
    - 3) Deliberate and recommend the candidates for certification.
  - d. Members of the committee will be appropriately compensated as determined by the PSH Board.

## Criteria for eligibility to take the certifying examination to become a PSH Certified Hypertension Specialist:

1. Must be a currently licensed physician in the Philippines
2. Must be a Diplomate / Fellow of his/her respective specialty society.
3. Must be a member of the Philippine Society of Hypertension
4. Must have completed the Course on the Clinical Practice of Hypertension Management Course .

## Application Process for as Philippine Hypertension Specialist Certification:

1. Submission of an application form with relevant documents
2. The application must have been reviewed and approved by the Committee
3. Payment of the application fee

## Submit the application to:

Philippine Society of Hypertension  
Unit H 11th Floor, Strata 100 Bldg.  
Ortigas Avenue, 1605 Pasig City  
Tel Nos.: 696-2819  
E-mail: phihpn@yahoo.com